

FEBRUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
American Heart Month Black History Month Bake for Family Fun Month			1 <i>Chicken on a Biscuit</i> <i>Fresh Orange Wedges</i> 	2 <i>Assorted Cereal w/Cinnamon Biscuit</i> <i>100% Orange Juice</i> Macaroni & Cheese Stuffed Cheese Breadstick w/Sauce Grilled Cheese Cheesy Nacho Salad GROUNDHOG DAY	3 <i>Egg, Sausage & Cheese Biscuit</i> <i>Rosy Applesauce</i> Texas Loaded Baked Potato Cheese Pizza Turkey & Cheese Wrap Fruit & Cheese Plate	4
5 <i>Breakfast Pizza</i> <i>String Cheese</i> Waffle & Bacon Scrambled Eggs & Toast Egg Chef Salad & Roll SUPER BOWL XLVI Indianapolis, IN	6 <i>Breakfast Pizza</i> <i>String Cheese</i> Waffle & Bacon Scrambled Eggs & Toast Egg Chef Salad & Roll 	7 <i>Pancake Wrap</i> <i>Fresh Apple</i> Jerk Chicken & Parsley Noodles Hamburger or Cheeseburger Ham & Cheese Sandwich	8 <i>Savory Biscuit</i> <i>Oranges</i> Spicy Mexican Lasagna Popcorn Chicken & Roll Fruit & Cheddar Plate	9 <i>Chicken Biscuit</i> <i>Apricots w/Juice</i> Penne & Meat Sauce Chicken Patty Sandwich Turkey & Cheese Wrap	10 <i>Glazed Cinnamon Roll</i> <i>Applesauce</i> Chicken Rice Soup & Cheese Sandwich Pepperoni Pizza Southwest Salad & Roll Fourth Six Weeks ends	11
PRIDE IN FOOD SERVICE WEEK!						
12 <i>Assorted Cereals</i> <i>Cinnamon Biscuit</i> Meatball Pizza Sub Chicken Nuggets w/Honey Wheat Roll Egg Chef Salad ABRAHAM LINCOLN'S BIRTHDAY	13 <i>Egg & Cheese Sandwich</i> <i>Apricots w/Juice</i> Italian Chicken & Parsley Noodles Hamburger or Cheeseburger Ham & Cheese Sandwich Fifth Six Weeks begins	14  <i>Breakfast Burrito</i> <i>Banana</i> Beef & Bean Tacos Hotdog Fruit & Cheddar Plate & Dinner Roll VALENTINE'S DAY	15 <i>Sausage Biscuit</i> <i>Oranges</i> Penne & Meat Sauce Chicken Patty Sandwich Turkey & Cheese Wrap	16 <i>Breakfast Pizza</i> <i>String Cheese</i> <i>Applesauce</i> Pepperoni Pizza Beef & Bean Burrito Southwest Salad & Dinner Roll	17	18
Wiggle, wiggle and giggle, giggle—it's JELL-O WEEK! Dig in to your favorite dessert!						
19  President's Day  TEACHER PROFESSIONAL DEVELOPMENT	20 <i>French Toast Sticks</i> <i>w/Powdered Sugar</i> <i>Apricots w/Juice</i> Chicken Tacos Hamburger or Cheeseburger Nacho Salad & Dinner Roll	21 <i>Chicken Biscuit</i> <i>Oranges</i> Bean & Cheese Burrito Sloppy Joe Grilled Cheese Sandwich GEORGE WASHINGTON'S BIRTHDAY	22 <i>Assorted Cereals</i> <i>Cinnamon Biscuit</i> Beef Ravioli Max Snax Pizza Sticks w/Marinara Sauce Pizza Salad & Dinner Roll	23 <i>Sausage Biscuit</i> <i>Applesauce</i> Chili Dog Cheese Pizza SunButter & Jelly Sandwich	24	25
26 <i>Breakfast Pizza</i> <i>String Cheese</i> BBQ Pork Riblet Chicken Nuggets w/Honey Wheat Roll Egg Chef Salad 	27 <i>Pancake Wrap</i> <i>Fresh Apple</i> Honey Lemon Chicken Hamburger or Cheeseburger Ham & Cheese Sandwich	28 <i>Savory Biscuit</i> <i>Oranges</i> Enchiladas Grilled Ham & Cheese Fruit & Cheddar Plate & Dinner Roll	29 LEAP DAY	BREAKFAST and LUNCH are served everyday in all schools On the daily calendar grid, the breakfast entrée listed in green is the Breakfast in the Classroom or At Your Service menu item. Schools participating in either program are noted on the back cover of this calendar. Ace's Café Breakfast schools have a separate menu posted in their schools. Lunch entrées are listed in blue and include the featured entrées, a deli selection and a salad option as your entrée choice everyday. Students may refuse up to two (2) items at lunch. The refused items may NOT be the entrée. <i>Menus are subject to change.</i> LISD follows the Nutrient Standard Menu Planning System.		

Everyday we offer a variety of hot side items and fresh fruits and veggies. The items below rotate throughout the week and are available when in season.

100% Apple Juice	Apricots	100% Orange Juice	Applesauce Cake	Baby Carrots
Banana half	Black Beans	Breadstick	Broccoli Florets	Brownie
Burger Salad	Buttered Noodles	Chocolate Pudding	Golden Corn	Cucumber Slices
Diced Pears	Dinner Roll	French Fries	Grapes	Goldfish Crackers
Glazed Cinnamon Stick		Mashed Potatoes w/Gravy		Mashed Sweet Potatoes
Mexican Rice	Orange Wedges	Peaches	Pinto Beans	Pretzel
Ranch Style Beans	Refried Beans	Spinach	Steamed Broccoli	Steamed Carrots
		Animal Crackers	Sugar Cookie	Sunshine Cake
		Tater Tots	Tomatoes	Tortilla Crisps

Super Sides



Questions or comments about Child Nutrition?
 We would be happy to hear from you!
 Please contact us at aramark@lubbockisd.org