



January 2011

UNION TOWNSHIP CENTRAL FIVE BREAKFAST MENU

3 Snackin' Waffle <i>Assorted Cereals</i>	4 French Toast Sticks <i>Assorted Cereals</i>	5 Bagel with Cream Cheese <i>Assorted Cereals</i>	6 Sausage Biscuit Sandwich <i>Assorted Cereals</i>	6 Cheese Omelet <i>Assorted Cereals</i>
10 French Toast Slice <i>Assorted Cereals</i>	11 Fruited Yogurt with Graham Crackers <i>Assorted Cereals</i>	12 Ham and Egg English Muffin <i>Assorted Cereals</i>	13 Breakfast Taco <i>Assorted Cereals</i>	14 Blueberry Muffin <i>Assorted Cereals</i>
17 <i>School Closed Martin Luther King, Jr.</i>	18 Cheese and Turkey Sausage Bagel <i>Assorted Cereals</i>	19 Scrambled Eggs with Toast <i>Assorted Cereals</i>	20 Butter and Jelly Biscuit <i>Assorted Cereals</i>	21 Cinnamon Roll <i>Assorted Cereals</i>
24 Waffles with Syrup <i>Assorted Cereals</i>	25 Cheese and Ham Omelet <i>Assorted Cereals</i>	26 Bagel with Cream Cheese <i>Assorted Cereals</i>	27 Breakfast Pizza <i>Assorted Cereals</i>	28 Mini Cinnamon Buns <i>Assorted Cereals</i>
31 French Toast Sticks <i>Assorted Cereals</i>			<i>A complete breakfast includes a selection of bread, protein, fruit and milk.</i>	Breakfast \$1.30 Reduced \$0.30 <i>Free to those who apply and qualify.</i>

DAILY FEATURES

A Side Dish of Oatmeal
Nothing gets the body ready to learn like a healthy bowl of oats. Look for our daily featured flavors.

Choice of Fresh Fruit, Juice Packed Fruits or 100% Fruit Juices.
What do you like, apples, oranges, or bananas? We serve them!

Choice of Milk
Variety includes: Skim, 1% White, Chocolate and sometimes Strawberry.

Whole grain, low sugar and sugar free cereal varieties available.
Served with fresh 1% low-fat white milk.

Hello! My name is Ana.

Breakfast is my favorite meal of the day.
Hey Friends, be sure to start your day off right with a good breakfast! A balanced meal in the morning will give you the energy and nutrition you need to fuel your brain and body for a busy day.

